# EDUCATION 479-4

# DESIGNS FOR LEARNING: PHYSICAL EDUCATION

#### **SECONDARY**

SUMMER SESSION, 1984

INSTRUCTOR: George Longstaff

Tuesdays/Thursdays, 1:00 - 4:50

Location: on campus

Topics to be covered:

1. <u>Curriculum Overview</u> - A review of the mechanics of curriculum writing, the 1980 guide, and the implications of implementation since 1980.

- 2. <u>Individualization of Instruction</u> The process of grouping for instruction with specific reference to the levels approach as proposed in the guide.
- 3. Teacher Effectiveness The basic principles of teacher effectiveness as they relate to physical education. This will be done partly with observation of teaching procedures through video tape.
- 4. <u>Square/Folk Dance</u> The basic progressions in teaching dance will be covered with a variety of dances being introduced.
- 5. Gymnastics The levels approach to teaching gymnastics will be presented together with skills analysis.
- 6. Outdoor Pursuits The general principles and safety procedures of teaching outdoor activities together with a specific session in canoeing will be offered.
- 7. Raquet Sports The general principles of raquet sports with an emphasis on badminton and tennis will be offered.
- 8. <u>Basketball</u> The teaching progressions using the levels approach will be presented.
- 9. <u>Volleyball</u> The teaching progressions using the levels approach.
- 10. Soccer Teaching progressions and skill development.
- 11. Physical Fitness Aerobics principles / Weight training principles / Running principles
- 12. <u>Student Evaluation</u> Techniques for evaluating in the psychomotor, affective and cognitive domains will be presented and discussed.

### EVALUATION PROCEDURES

- 1. A compendium of resource material (20%)
- 2. <u>Student Evaluation Instrument</u> (20%) Take one activity and prepare a cognitive, psychomotor and affective instrument at one level.
- 3. An Annual Plan (40%) A plan for a school including goals, program content, program balance, administrative details and evaluation procedures.
- 4.  $\Lambda$  Unit Plan (20%) A detailed unit plan including lesson plans. This can be a unit of the students choice.
- \* More detail will be provided on these assignments.

## TEXT BOOKS

1980 P.E. Curriculum Guide